- 1 Title:
- 2 International partnerships contribute to a One Healthier Community in Baja California Sur, Mexico.
- 3
- 4 Original article

## 5

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72	Abstract:
73	The Colorado State University Todos Santos Center (CSU-TS Center) in Baja California Sur
74	(BCS), Mexico, is a hub for education and research where CSU and BCS communities benefit from
75	cultural exchange and co-created discovery. The nascent One Health Institute (OHI) at CSU has as its
76	purpose " To benefit the health of animals, peoples and environments, by collaborating across
77	boundaries, in a way that sees and integrates the whole system "so that the CSU-TS Center and OHI
78	share the common vision of framing challenges about complex systems into aspirational futures by
79	engaging directly as communities. These relationships have also catalyzed a One Health movement in
80	BCS, Mexico. We held a One Health Regional Workshop to build a co-creative dialogue and reflection
81	among members from diverse nationalities, backgrounds, and affiliations within academia, public

82	health, and governmental agencies to collectively identify regional challenges and opportunities			
83	relevant to One Health in BCS. Water-related issues, nutritional health, and conservation of natural			
84	resources were identified as major, priority needs. Social awareness and governance were also			
85	recognized as essential components to consider. The findings from this process revealed strong			
86	synergies that will enable future collaborative actions among the regional and international			
87	stakeholders in BCS so that we may engage in sustained and focused research, education, and outreach			
88	projects. Together, we seek to co-create a One Healthier community in BCS, Mexico.			
89				
90				
91				
92				
93	Keywords: Baja California Sur, Americas, One Health, partnerships, participatory process, community			
94	needs			
95	One Health			
96	The concept that human health is interconnected with the health of animals, plants, and			
97	ecosystems has been recognized since the 19 <sup>th</sup> century [1], and much earlier by diverse native peoples			
98	and in ancient Greece. While this concept has been presented under a variety of different names, the			
99	extant One Health movement was initiated in part by the <u>Wildlife Conservation Society</u> through a			
100	symposium entitled "Building Interdisciplinary Bridges to Health in a 'Globalized World'," which			
101	called for an international, interdisciplinary approach to prevent disease and formed the basis of the			
102	"One Health, One World <sup>™</sup> " [6] concept and as a product of the Global Response to outbreaks of			

103	Highly Pathogenic Avian Influenza Virus [2] and recognizes actions to maintain the health of animals,
104	plants, and ecosystems need to be implemented to maintain and improve human health.
105	
106	The Nascent One Health Institute at Colorado State University
107	As a major US land grant university, Colorado State University (CSU) focuses on education,

108 research, extension, and engagement. Similarly, One Health at CSU is rooted in this land grant mission

and recognizes elements of Leopold's "land health" [3], the principles of conservation medicine [4],

110 the concept of a "health ethic" [5], and the Manhattan Principles [6] in its One Health ideation and

111 development of the One Health Institute (<u>www.onehealth.colostate.edu</u>).

112 In 2008 the first One Health student club emerged at CSU, followed by significant internal 113 activities in 2013-14 under the rubric of the One Health Initiative, culminating in the recruitment of the 114 founding director for the One Health Institute in September 2015. Throughout Fall and Winter of 115 2015, strategic engagement and development of an internal One Health Strategic Advisory Council, 116 representing all eight of CSU's Colleges and the CSU School of Global Environmental Sustainability 117 (SoGES, http://sustainability.colostate.edu), led to a multi-day "Partners in One Health" workshop 118 through which OHI's foundational Purpose, Principles, and Programs were co-created with about 70 119 people.

120 The Purpose of the OHI is "*To benefit the health of animals, peoples and environments, by* 121 *collaborating across boundaries, in a way that sees and integrates the whole system.*" Additionally, 122 OHI developed its three foundational Principles that support its Purpose and that form the shared 123 conceptual framework from which its Programs and the projects therein emerge. The three Principles

124	are: 1) Create Futures We Desire ("Communities Creating Health", [7, 8]), 2) See the Whole System	
125	("Systems Sensing/Thinking"), and 3) Collaborate Across Boundaries ("Co-Creative Design	
126	Thinking"). The three initial OHI Programs are: Food Systems and Health, Urbanization and Health,	
127	and Environmental Change and Health. The fundamental backbone these Programs share is the	
128	<i>interdependent relationship</i> among Food Systems, Urbanization, and Environmental Change <i>and</i> the	
129	health of humans, non-human animals, and environments; these Programs are the focus of OHI	
130	activities and projects. To establish an initial within-CSU One Health community, seven OHI Pilot	
131	Projects were competitively awarded in Fall 2015, ahead of the strategic planning (Table 1), and these	
132	Pilot Projects have helped shape the CSU-based One Health community and governance model.	

133

# 134 CSU Todos Santos Center in Baja California Sur, Mexico

135 In April 2015, CSU opened its first international center in the town of Todos Santos, Baja 136 California Sur (BCS), Mexico. CSU-TS Center is an outpost offering novel opportunities to build 137 cross-cultural connections, long-standing partnerships with Mexican universities, and collaboration 138 among communities. An ongoing physical and participatory presence in Todos Santos brings 139 both responsibility and possibility. Complex issues call for ongoing engagement, dialogue, and 140 an extended learning community that can be a foundation for enduring collaborations and 141 change. This is the very purpose of the CSU-TS Center: to act as a hub for dialogue, learning, 142 and engagement around real-world issues, including many that require One Health approaches. 143 In June-July 2015 the CSU-TS Center conducted a community assessment of Todos Santos and 144 surrounding region [9] as an initial effort to gain a better understanding of the regional community,

145	and to ground programs and research in priorities identified by local residents and institutions already
146	working in the area. The community assessment team (i.e., CSU-TS Center staff members, CSU
147	faculty members and students, and local associate researchers) talked with more than 150 individuals
148	through informal interviews and focus groups, gathering baseline data on socio-economic,
149	demographic, geographic, environmental, health [10], and agricultural factors [11]. The results of the
150	community assessment (Table 2) help prioritize research and educational programs that the CSU-TS
151	Center offers to the local and CSU communities.
152	In March 2016, members of CSU and the CSU-TS Center including Huyvaert, Kita, and
153	Straatmann from Colorado met with local researchers Castro-Prieto and Zenteno-Savín to discuss
154	opportunities for collaboration in BCS. The idea of organizing a regional One Health workshop to
155	catalyze action around common research interests relevant to One Health emerged. Once the aim of
156	the workshop was identified, and logistics finalized, invitations were extended to academic and
157	government institutions in BCS. Each participating organization was asked to provide a short
158	presentation on their approach to research and programming in the context of their concept of One
159	Health. The workshop, entitled "One Health: Conceptual Framework and Future Perspectives" took
160	place at the Centro de Investigaciones Biológicas del Noroeste (CIBNOR), a research institution in La
161	Paz, the capital city of BCS. A total of 29 people from diverse nationalities, backgrounds, and
162	affiliations within academia, public health, and government agencies attended the workshop (Table 3).
163	

164 The One Health Regional Workshop

165	The workshop was intended to raise a shared sense of possibility and opportunity, to			
166	strengthen confidence among institutions for collaboration, and to initiate and inspire a long-term			
167	dialogue that leads to coordinated and impactful actions and outcomes. The specific objectives of the			
168	workshop were: 1) to listen and learn about the One Health conceptual framework; 2) to share One			
169	Health perspectives and experiences from diverse institutions; 3) to collectively identify regional needs			
170	relevant to One Health approaches in BCS; and 4) to explore opportunities for collaboration aimed at			
171	regional needs and global/planetary health priorities [12]. The workshop was designed using a			
172	participatory approach [13] by facilitating a co-creative dialogue, built upon a series of pre-determined			
173	questions specially crafted for the workshop. Key aspects to this process included: 1) defining triggering			
174	questions, 2) setting a clear intention, and 3) managing expectations. Similar approaches have been			
175	applied to facilitate collaboration among diverse stakeholders to enable dialogue within a One Health			
176	context in other countries [14, 15].			
177	A general overview of the workshop is shown in Figure 1. The workshop was initiated by			
178	sharing different perspectives and experiences in One Health through a series of short presentations			
179	from participants on examples of their institution's approach and perspectives on One Health. The			
180	goal was to build a knowledge-base which ultimately facilitates the co-creative process. Participants			
181	then identified and prioritized the main needs relevant to One Health in BCS through an activity in			
182	which ideas of every participant were presented and visually expressed on a whiteboard. As a group,			
183	workshop participants identified three principal needs and each of these needs was represented by a			
184	focus group. Finally, all participants were initially randomly assigned to, and then rotated through, the			
185	three focus groups to discuss the past, present, and future actions needed to address the principal			

186 needs. The focus group process consisted of several rounds of dialogue, with each group facilitated by a 187 moderator who captured, linked, and presented the main ideas derived from the previous conversation 188 to build upon the next one. Rotations allowed all participants to meet and share their knowledge and 189 thoughts on each need from their academic or agency perspective. The findings from these dialogues 190 were shared among all participants and recorded during the workshop.

191

## 192 Workshop Outcomes: Identification of One Health priorities in BCS

193 The outcomes from the co-creative process suggested that the central, most urgent prioritized 194 needs that would benefit from a One Health approach in BCS are: 1) water, 2) human nutritional 195 health, and 3) conservation and management of other natural and biological resources (Table 4). The 196 main concerns surrounding water as a resource were: water availability, the effects of water quality on 197 human health, and the impact of water exploitation on marine and terrestrial ecosystem health. 198 Regarding human nutritional health, access to nutritious food and obesity were considered serious 199 public health concerns in BCS; limited access to lifelong health care and related programs were 200 highlighted. Other public health needs in BCS were: reducing heavy metal pollution, improving 201 domestic animal health, and understanding infectious diseases at the interfaces among humans, 202 wildlife, and domestic livestock, including aquaculture. Finally, the foremost needs related to 203 conservation and management of biological resources in BCS were: conservation of biodiversity, 204 control of invasive species, wildlife diseases, and understanding the effects of climate change on marine 205 and terrestrial ecosystem health.

206	Additional needs relevant to One Health in BCS are governance and social awareness; both of			
207	these underlie needs related to water, public health, and natural resources. The general belief that local			
208	communities are willing to participate in identifying strengths and weaknesses, and to work towards			
209	enhancement of government plans and programs to improve human, animal, and ecosystem health,			
210	emerged from the workshop. The existence of educational and outreach programs to raise social			
211	awareness in local communities was acknowledged. These programs include a wide array of activities			
212	(e.g., public seminars, workshops at schools, diffusion of material related to gender issues, civil			
213	protection, responsible use of natural resources, recycling, among others) geared towards children,			
214	youth, and adults. Current programs include prevention campaigns for vector-borne zoonotic diseases			
215	such as dengue fever and chikungunya fever, among others. These programs, however, are most often			
216	implemented independently by governmental agencies, academia, and NGOs for which			
217	communication and collaboration among organizations can be a challenge. The need of improving			
218	communications among these organizations was acknowledged. The federal, state, and municipal			
219	government representatives suggested that initiating collaborative programs with common objectives			
220	between diverse sectors is of highest importance; they stressed the need for further actions on			
221	sustainable use of water and environmental education, and to extend those actions to the most isolated			
222	communities in BCS. Furthermore, the government representatives suggested utilizing more			
223	interactive collaborations with local academic institutions for rapid decision-making. The current			
224	actions from local NGOs, and the positive impact these activities have had on the community, were			
225	acknowledged. Continuing these established programs, while building upon them with appropriate			
226	inclusion, was suggested as a way to enhance program reach and effectiveness. Capacity building			

227 programs on environmental and public health, oriented to educators and mass media communicators, 228 were considered necessary to help disseminate information about the adequate use and management of 229 natural resources which, in turn, will benefit human, animal, and environmental health. 230 231 Discussion 232 The Todos Santos Community Assessment and the One Health Regional Workshop are the 233 first foundational steps in the identification of One Health opportunities in Baja California Sur. Both 234 the workshop and the Community Assessment are examples of a participatory approach in 235 action, representing collaborative engagement in building a healthier future in BCS as the OHI 236 and the CSU-TS Center promote. 237 To guide thinking about future opportunities in One Health in BCS, we explored connections 238 among the Programs of the OHI, the main One Health efforts in BCS as emerging from the workshop, 239 and community priorities in the Todos Santos region as identified in the Community Assessment 240 (Table 2). At these intersections, community needs and aspirations, and institutional resources, are 241 both maximally aligned. Projects that are co-created from these intersections meet community 242 aspirations, and thus are likely to generate a greater engagement and therefore impact, potentially 243 leading to better outcomes than other possibilities. 244 One of the priorities for the Todos Santos region identified in the community assessment was 245 water – namely, availability, usage, and management – a challenge also highlighted in the One Health 246 in BCS workshop. Water issues can be addressed by leveraging any of the three Program areas at OHI, 247 depending on the perspectives of those interested in engaging in the work. Based on the Todos Santos

248	Community Assessment, financial, community, and personnel capacity are available for participation			
249	in the co-creation of meaningful projects to address water impacts on health, broadly writ, given that			
250	water affects the many interdependent relationships among the environment, humans, and non-			
251	human animals. This way of thinking extends to other topics, including nutrition and sanitation,			
252	challenges that could be addressed through the lenses of the OHI Programs Food Systems and Health			
253	or Urbanization and Health. Inter-sectorial, inter-professional and transdisciplinary teams, like those			
254	being developed via OHI through its Programs, embrace as their guide the goal of changing current			
255	needs into future desired states <i>with</i> the communities most strongly engaged and affected. A typical			
256	future project team could be composed of relevant members representing the Todos Santos			
257	community, scientists, students, professionals from various sectors, and other public and private			
258	organizations from throughout the region.			
259	As a result of this One Health Regional Workshop and the Todos Santos Community			
260	Assessment in BCS, the next step is already underway. The OHI is hosting the First Annual One			
261	Health in the Americas (OHTA) Conference at the CSU-TS Center in November 2016. This			
262	conference is a two-day event, with presentations from various institutions ranging in location from			
263	Alaska to South America. The conference emerged from the collaborative momentum of the One			
264	Health Regional Workshop. OHTA will be topically focused on the three Programs of OHI, helping			
265	to share and highlight novel work and best practices in One Health approaches throughout the			
266	Americas. The OHTA Conference is also an opportunity for the CSU-TS Center to act as a hub in the			
267	creation of a network of One Health communities, researchers, and practitioners throughout the			
268	Americas. This network will serve as a vital resource for the development of One Health programs and			

projects, encouraging collaboration, learning, and coordination across diverse communities andorganizations.

271 The approach presented here, combining community assessment and long-term community 272 engagement, has the potential to inform other One Health efforts and to advance the collective 273 knowledge about One Health best practices and foundational Principles. It is only through the 274 involvement and deeply rooted influence of a community, using co-creation, co-design, and 275 implementation of projects, that outside organizations like OHI can begin to be useful to a 276 community. Project implementation without asking "For Whom?", "How?", and "Why?" is 277 ineffective (7), resulting in impact that is smaller in scope and shorter in duration than necessary and 278 often marginalizing deeper community assets, interests, and actors (7,8). The impact of projects that 279 begin with extensive community engagement will be an integral element of One Health projects in 280 Todos Santos, in BCS, in the Americas, and around the globe. 281 Strategic direction following the workshop has been compelling, yet the process of refining 282 that direction is iterative and ongoing by design. The opportunities for Todos Santos specifically, and 283 BCS broadly, are constantly in flux, and any projects implemented must have built-in mechanisms to 284 adapt as well as the commitment to continued engagement (7,8). To reinforce these mechanisms, 285 stakeholder groups in BCS intend to continue to hold regular community engagements and meetings 286 to gauge the effectiveness of any project. Most of this work will take place on the ground in BCS, when 287 future project teams interface routinely with the community. Finally, the regional network created at 288 the OHTA Conference will be a critical element in long-term planning and coordination of education, 289 research, and community engagement efforts that transcend BCS and Mexico.

290	One Health as a model of action, learning, and thinking has the transformative power to	
291	catalyze the co-creation of the future we desire, though action will not always be easy or obvious. The	
292	partnerships among the OHI, the CSU-TS Center, and the larger BCS community have brought	
293	together a diverse group of stakeholders, all with the shared goal of improving health in BCS through	
294	intentional and collaborative projects.	

#### Acknowledgments

We would like to thank the personnel at CIBNOR for logistical support to hold the One Health Regional Workshop in La Paz, in March 2016; the community of Todos Santos, especially the people participating in the Todos Santos Community Assessment; Mark Clarke from "Switch On Global", who inspired and advised on the process of facilitation, and all of the deeply engaged – and engaging – participants in the One Health Regional Workshop, including Kathya Yulizma Navarro Muro (PROFEPA-BCS), Luis Emiterio Morales Prado (CONAGUA-BCS), Maria Teresa Hernández Huerta (SEMARNAT), Bertha Liduvina Pérez Gomez and Víctor René Magallanes Ordóñez (CICIMAR), Felipe Ascencio, Fredy Hernández Uribe, Thelma Castellanos Cervantes, Eduardo F. Balart, and Daniel B. Lluch Cota (CIBNOR).

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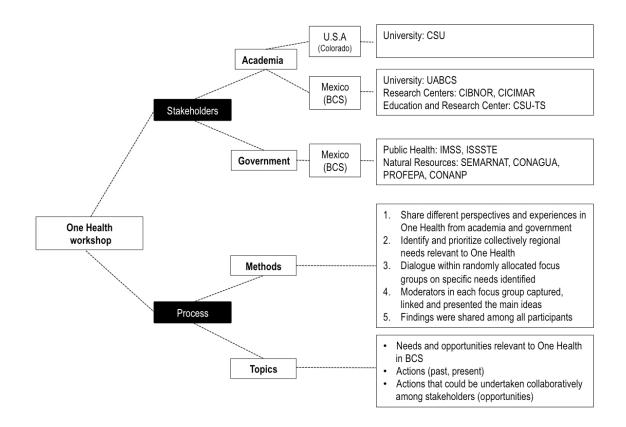


Fig. I. General overview of the stakeholders involved and process used in the One Health Regional

Workshop held in La Paz, Baja California Sur, Mexico in March 2016.

#### Environmental Change and Health

An Interdisciplinary Approach to Bison Reintroduction

The Development and Implementation of a Consortium to assess the Role of Common Free-Living Amoebae (FLA) in Environmental Persistence and Facilitation of Pathogenic Organisms

#### Food Systems and Health

An International Study of Antimicrobial Resistant Bacteria in Diverse Farm, Water And Wastewater Sewages As Sources For Human Exposure

Living at the "EDGE": Translating Physiological-Metabolic Responses of Native Grassland Species to Engineer Drought Resistance in Crops

Exploring Short Chain Food Systems

## Urbanization and Health

One Health in Residential Ecosystems

Disease Community Ecology: Understanding the Transmission Pathways and Consequences of *Toxoplasma gondii* Infection in Humans, Domestic Animals, and Wildlife

Table I. Initial portfolio of Colorado State University's One Health Institute Pilot Projects.

# TODOS SANTOS PRIMARY COMMUNITY PRIORITIES

There is a wide range of hopes and visions for the future by community members, there are several reoccurring themes, shown here in no specific order of priority.

occurring themes, shown here in no specific order of priority.			
	Desire to create options for youth to help them succeed in the future and to		
Youth Engagement	keep them engaged now. Opportunities: Youth Leadership and		
	Empowerment Club, Extracurricular sports, arts and language.		
Language Classes	English language has become an increasing need for young people entering		
(Especially English)	the work force. There is opportunity for advanced/profession oriented		
(Especially Elignsh)	English courses.		
	The education system in Todos Santos could benefit from support; as		
Education System	schools face high teacher turn-over and there are few continuing education		
	opportunities for teachers.		
The factor of a Francisco and a	Importance of a clean and healthy place to live and kindling environmental		
Valuing the Environment	values.		
NV7 .	Concern over the quantity and quality of the water supply, infrastructural		
Water	challenges, conservation and future growth.		
	Solid Waste - No sanitary landfill, open burning practices, poor waste		
	collection system, lack of treatment for hazardous residues and		
Waste Management	accumulation of agro-plastics.		
	Human Waste – Limited infrastructural capacity.		
<u>م</u> ر.	Proposed open pit gold mine and off-shore phosphorus mine threaten the		
Mines	watershed and agricultural, fishing and tourism industries.		
	Primary Health Concerns - Acute respiratory infections, intestinal		
Public Health	infections, diabetes and obesity, Dengue, Rickettsia, cancer, kidney issues,		
	STDs and teen pregnancy.		
	Growth is happening quickly and often without a development plan.		
Sustainable/Responsible	Todos Santos grew 25% to 5,148 residents and Pescadero, 43% to 2,338 from		
Development	2005-2010 [16]. Current and future development has social, cultural,		
1	environmental, economic and infrastructural impacts.		
	Concern over lack of preparation within the native resident workforce to		
Business Training and	meet the needs of tourism industry. Desire for increased training in trades,		
Alternative Models	small business management and entrepreneurship. Intermediaries were		
	identified as a challenge for Agricultural and Fishing industries.		

Table 2. Todos Santos Community Assessment Outcomes

Main Challenges Relevant to One Health in Baja California Sur	Community Priorities in Todos Santos Region
Natural resources management and conservation	Business training and alternative models
Nutritional health	Education system
Water	English/Spanish lessons
	Proposed mines
	Public health
	Sustainable development
	Valuing the environment
	Waste management
	Water
	Youth engagement

**Table 3.** Visualization of intersecting themes from community engagement to identifying futureopportunities. Color-coding indicates how theme is categorized within One Health programs.Key: Environmental Change and Health; Food Systems and Health; Urbanization and Health

Organization acronym	Spanish name	English name	Role	<b>Name of participants</b> (in alphabetical order)
CSU	Universidad Estatal de Colorado	Colorado State University	US land grant university. It offers undergraduate and graduate degrees and is home to the One Health Institute	McKenzie Campbell, Kate Huyvaert Kim Kita, Dan Salkeld, Bruno Sobral, Danielle Straatmann
CSU-TS	Centro Todos Santos de la Universidad Estatal de Colorado	Colorado State University Todos Santos Center	Hub for education, research, and cultural exchange	McKenzie Campbell, Aines Castro- Prieto, Kim Kita, Danielle Straatmann
UABCS	Universidad Autónoma de Baja California Sur	Autonomous University of Baja California Sur	Academic and research institution. It offers undergraduate and graduate degrees	Ramón Cepeda Palacios, Juan Manuel Ramírez Orduña, Héctor Reyes Bonilla
CIBNOR	Centro de Investigaciones Biológicas del Noroeste	Center for Biological Research of the Northwest	Mexican federal research Institution. It offers graduate degrees	Carlos Angulo, Bertha Olivia Arredondo Vega, Felipe Ascencio, Eduardo F. Balart, Thelma Castellanos Cervantes, Aines Castro- Prieto, Sara Cecilia Diaz Castro, Patricia Galina-Tessaro, Fredy Hernández Uribe, Daniel B. Lluch Cota, Tania Zenteno-Savín
CICIMAR-IPN	Centro Interdisciplinario de Ciencias Marina-Instituto Politécnico Nacional	Interdisciplinary Center of Marine Sciences-National Polytechnic Institute	Research center of marine sciences from the federal public university IPN. It offers graduate degrees	Víctor René Magallanes Ordóñez, Bertha Liduvina Pérez Gómez
ISSSTE	Instituto de Seguridad y Servicios Sociales de Trabajadores del Estado	Institute for Social Security and Services for State Workers	Federal government organization of health care and social security systems	Erika Dheli Garibay Cossio
IMSS	Instituto Mexicano del Seguro Social	Mexican Social Security Institute	Federal organization of public health, pensions and social security	Ramón Gaxiola Robles

SEMARNAT	Secretaría del Medio Ambiente y Recursos Naturales	Ministry of Environment and Natural Resources	Federal environment ministry to protect, restore and conserve the ecosystems and natural resources	Maria Teresa Hernández Huerta
CONAGUA*	Comisión Nacional del Agua	National Commission on Water	Administration and preservation of national waters	Luis Emiterio Morales Prado, Gamaliel Vázquez Jaubert
PROFEPA*	Procuraduría Federal de Protección al Ambiente	Federal Attorney for Environmental Protection	Surveillance and environmental law enforcement	Kathya Yulizma Navarro Muro
CONANP*	Comisión Nacional de Áreas Naturales Protegidas	National Commission of Protected Natural Areas	Instrument of environmental policy for the conservation of biodiversity through protected areas	Maria Alicia Jimenez Gallegos

(\*) SEMARNAT-derived institution with technical and operational autonomy.

Table 4. Members and affiliations participating at the One Health Workshop in Baja California Sur.

Challenges	Actions			
0	Past and Present Future (Opportunities)			
Water	<ul> <li>Industrial water treatment and desalinization</li> <li>Available low-cost water filters (lime, colloidal silver) provided by CONAGUA</li> <li>Research studies on water quality and availability of basins and aquifers at local academic and research institutions</li> <li>Educational and outreach programs for the sustainable use of water and the impacts of water quality on public health implemented by Nongovernment organizations, NGO's (i.e. Niparajá, Ecological Project International and Pronatura)</li> <li>Water surveillance citizenparticipatory program</li> <li>Water surveillance citizenparticipatory program</li> <li>Increase the number and territorial coverage of research studies on water availability and quality at basins and aquifers, their interconnectivity and saline intrusion</li> <li>Increase the communication on actions, results, political-structure used by decision makers, to provide consistent information to the citizens</li> <li>Provide better monitoring and surveillance of domestic and industrial leaks.</li> <li>Promote technification of agriculture to reduce the amount of water used for irrigation</li> <li>Provide economic incentives for adopting hydraulic infrastructure to reduce water loss, maximize rain-water collection, favor water recycling/treatment at home and industries</li> <li>Increase the number of educational programs and actions by joint programs with academia, government and NGO's</li> </ul>			
Nutritional Health	<ul> <li>Outreach programs in schools (e.g. nutrition lectures in primary schools; provision of healthy meals for the students designed by nutrition care professionals; "Plato de Buen Comer" program to teach appropriate portions of food; and prohibition of the sale of junk food in and around schools)</li> <li>Health campaigns in mass media</li> <li>Physical exercise programs (e.g. sports devices in public spaces; "Promueve" to promote physical activity by the Instituto SudCaliforniano del Deporte, INSUDE)</li> <li>Public kitchen program (Sistema</li> <li>Promotion of family and school gardens</li> <li>Promotion of local food production and consumption</li> <li>Follow up on health care of people suffering from obesity that were initially supported in programs</li> <li>Better access to healthy/functional food</li> <li>Strengthen and expansion of the educational programs on functional food</li> <li>Engaging parents in education of functional food and activities to promote physical exercise</li> <li>Extend communication of nutrition care-related programs to rural areas</li> <li>Regulation of food production</li> <li>Organized network or system of</li> </ul>			

Nacional para el Desarrollo Integral de la Familia, DIF) that provides food from their organic gardens to make organic and healthy food accessible to the local community

- Food security alliance, a food security network across BCS
- Community outreach programs on food health education and access implemented by local NGO's such as
   Raíz de Fondo and Sistemas Naturales y Desarrollo (SINADES) as well as research institutions such as Programa de Acercamiento a la Ciencia (PACE) from CIBNOR.

communication to formalize actions, share what programs are being done and to work together to promote known programs to success, as well as utilize resources efficiently across the system

- Mobile health station that travels to rural areas to provide health evaluations/care and follow-up for human, animal and environmental health
- Expand information dissemination to engage all ages

Challenges	Actions			
0	Past and Present	Future (opportunities)		
Conservation and Management of Natural Resources	<ul> <li>Past and Present</li> <li>Compliance to federal laws, namely Normas Oficiales Mexicanas (NOM), emitted by public environmental agencies (i.e. SEMARNAT) to protect and promote the improvement of the environment and ecosystems as well as preservation of the natural resources</li> <li>Seasonal bans on hunting and economic penalties</li> <li>Implementation of natural protected areas (ANP's) by CONANP</li> <li>Environmental education and communication programs from local NGO's, academic and research</li> </ul>	Future (opportunities)Future (opportunities)Strict compliance to the environmentallegislationsBetter leadership of environmentalstakeholdersCustom-designed environmentalmanagement plansLink industry to meet environmentalchallengesDevelop more research studies focusedon local climate change effects andcarrying capacity for differentenvironments in the regionIncrease and strengthen environmentaleducation in schools and localcommunitiesEffective communication andimplementation of ecological land-use		
	<ul> <li>institutions</li> <li>Social-based participatory • environmental programs</li> </ul>	planning Inter-institutional committee that involves different sectors		
	Educational and outreach programs	Community network to raise awareness		

conducted by local NGO's and research institutions (i.e. PACE from CIBNOR) on the environmental challenges and to catalyze proposed actions to solve problems

Table 5. Challenges and actions relevant to One Health in Baja California Sur, Mexico identified by the

participants at the One Health Regional Workshop.